

RESPONSIBLE MARIJUANA USE INFORMATION

**Laws, Education & Information
Regarding the use of Recreational
Marijuana in the State of Colorado.**

Brought to
you by:

High^Q

BE SAFE

Know what you're consuming

- Marijuana comes in many forms and strains, which are classified into Indica, Sativa or Hybrids of the two.
- Indicas produce heavy relaxation while Sativas produce uplifting and euphoric effects. Hybrids balance the two.
- Terpenes are the essential oils (aromatherapy) in marijuana that contribute to specific experiences.
- Talk to your budtender to learn about the differences.

Be aware of the potency

- The effects of consuming marijuana vary from person to person and by product and method of consumption.
- Always check the potency of the flower and products, which is expressed as a percentage of THC – higher percentages are more potent. Marijuana is more potent today than in the past.
- **LOW AND SLOW.** Consume less to start and wait to see how it effects you before consuming more. With edibles, start with a single dose (10mg) or less, and for smoking, vaping and concentrates, take one hit and wait to see how it effects you. Everyone is different so you need to learn your personal tolerance.

Keep children and pets safe

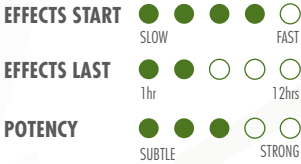
- Keep your marijuana and marijuana products in the child-resistant packaging.
- Store all marijuana and marijuana products in a locked area out of the reach of children and pets.
- Never consume around children.

Respect the rights of others

- Be respectful of those who don't want to be around marijuana consumption.



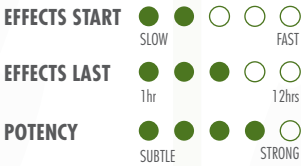
Flower



Marijuana flower or bud is typically smoked. The effects come on in minutes and last 1-4 hours. Different strains have different levels of potency and effects.



Edibles

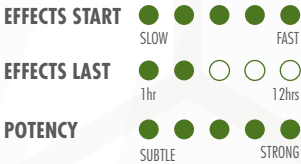


Edibles come in many forms, such as gummies, tinctures, chocolates, cookies and many more.

Depending on the product, the effects can come on in 30-90 minutes and last for 4-8 hours.



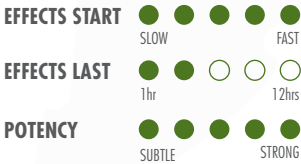
Concentrates



Concentrates come in many forms, such as shatter, wax, live resin, sauce, etc. They are typically smoked and are very potent with 65% - 90% THC. The effects come on in minutes and can last 2-6 hours. Inexperienced users should be very cautious with concentrates.



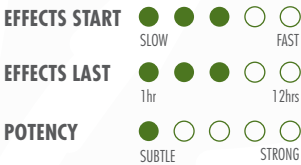
Vape Oils



Marijuana oil is typically vaped in a pre-loaded cartridge or similar apparatus. Marijuana oil is very potent with 65% - 90% THC. The effects come on in minutes and can last 2-4 hours. Inexperienced users should be cautious with marijuana oils.



Topicals



Topical products include lotions, salves, transdermal patches, and other products that are placed on the skin. They are used mostly for pain, inflammation and skin disorders. Many are not psychoactive but users should consult their budtenders to learn more.



CBD/CBN



Marijuana and marijuana products produced with high levels of CBD and other non-psychedelic cannabinoids. They do not get users "high" but can be highly therapeutic for pain, stress and other issues.

KNOW THE LAWS

Adults only – you must be 21:

- To enter or purchase in a retail marijuana store, you must present a valid ID proving you're 21 or older. Non-US citizens must use a passport. Expired IDs are not valid.
- It's illegal for anyone under the age of 21 to buy, have, or use retail marijuana. It's a felony to give to, sell to or share marijuana with anyone under the age of 21.

No more than an ounce allowed:

- Recreational marijuana may only be purchased from licensed retail stores. It is a crime to purchase marijuana from anyone else.
- Adults 21 and over may possess up to one ounce (28 grams) of marijuana or marijuana equivalent products such as edibles and concentrates. An edible product with 100mg of THC is equivalent to 3.5g of marijuana. 1g of concentrates or oil is equivalent to 3.5g of marijuana.

No driving:

- Do not drive under the influence of marijuana. Drivers with more than 5 nanograms of THC in their blood can be prosecuted for DUI and law enforcement base arrests on observed impairment.

No consuming in public:

- Using marijuana in any way — smoking, eating or vaping isn't allowed in public places or on Federal land.